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The Golf Whisperer: A Behavioral Approach to Learning Golf (Paperback)

By Dr Gerald a Walford, M Sc Gerald E Walford

Dog Ear Publishing, United Kingdom, 2009. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.THE GOLF WHISPERER By Dr. Gerald A. Walford Gerald E. Walford The golf whisperer is a behavioral approach to learning the golf swing and the golf game. It is a simplified approach taken in small steps so as to ingrain each step thoroughly before advancing to the next step. One of the major problems in learning is jumping to the next step or procedure before the last step is automatically ingrained in the mind and body. Each step or progression is designed to be in harmony with the mind and body. This is essential as the mind leads the body in sending signals to the muscles for skill execution. The learning of these signals must be correct and accurate for the ideal muscle response. Dr. Gerald A. Walford is a member of the Professional Golfers Association of America and a former member of the Canadian Professional Golfers Association. In 2006 the World Golf Teachers Federation (30 countries, 28,000 members) elected Walford as one of their top 60 teachers. Walford presently teaches at StoneCrest Golf Course in Prestonsburg, Kentucky. Gerald E. Walford, M.Sc. is a licensed...



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